

BHC ALHAMBRA HOSPITAL ADULT # I and Adult II PROGRAM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
7:00am-8:00am	ADL'S	ADL'S	ADL'S	ADL'S	ADL'S	ADL'S	ADL'S	7:00am-8:00am
8:00am-9:00am	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	8:00am-9:00am
9:00am-9:15am	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	9:00am- 9:15am
9:15am-10:00am	CD EDUCATION	CD EDUCATION	CD EDUCATION	CD EDUCATION	CD EDUCATION	LEISURE TIME	LEISURE TIME	9:30am-10:00am
10:15am-11:00am	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	COMMUNITY MEETING / GOALS GROUP	10:00am-11:00am
11:00am-12:00pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	11:00am-12:00pm
12:15pm-1:00pm	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	12:15pm-1:00pm
1:15pm-2:00pm	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	1:15pm-2:00pm
2:15pm-3:00pm	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	EXERCISE	EXERCISE	2:15pm-3:00pm
3:15pm-4:00pm	EXERCISE / LEISURE ACTIVITY	EXERCISE / LEISURE ACTIVITY	EXERCISE / LEISURE ACTIVITY	EXERCISE / LEISURE ACTIVITY	ICE CREAM SOCIAL / LEISURE ACTIVITY	PROCESS GROUP SOCIAL SKILLS	PROCESS GROUP SOCIAL SKILLS	3:00pm-4:00pm
4:00pm-5:00PM	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	JOURNALING / LEISURE TIME	4:00pm-5:00pm
5:00pm-6:00pm	DINNER/ VISITING	DINNER/ VISITING	DINNER/ VISITING	DINNER/ VISITING	DINNER/ VISITING	DINNER/ VISITING	DINNER/ VISITING	5:00pm-6:00pm
6:00pm-7:00pm 7:00pm-7:30pm	VISITING / LEISURE TIME	VISITING / LEISURE TIME	VISITING / LEISURE TIME	VISITING / LEISURE TIME	VISITING / LEISURE TIME	VISITING / LEISURE TIME	VISITING / LEISURE TIME	6:00pm-7:00pm 7:00pm-7:30pm
7:00pm-8:00pm	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	WRAP UP/ GOAL REVIEW	7:30pm-8:00pm
8:00pm-9:00pm	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	TASK SKILLS (AT)	8:00pm-9:00pm
9:00pm-9:15pm 9:15pm-10:00pm	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	MEDICATIONS SNACKS / ADL'S	9:00pm-9:15pm 9:15pm-10:00pm
10:00pm-11:00pm	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	10:00pm-11:00pm

Revised 1/08 - VISITING HOURS 5:30pm to 7:00pm